The Doctrine of Karma

Presented by Dara Tatray

The word karma means action, coming from the Sanskrit root kri, "to do", "to act", or "to make". It is normally taken to mean our actions thoughts and feelings, together with their results: the action and its results being inseparable

But karma is also action performed by Nature or Life: every action has results



In terms of the Law of Karma and its retributive effect however, motive is the all-important thing. If I visit your home and clumsily spill red wine on your white carpet by accident: that is one thing. If I spill the same wine during a violent outburst: that is quite another, as far as the effects of that action **go.**



Our actions, though apparently disappearing, remain, unperceived, and reappear in their effects as tendencies

A Nyāya aphorism

Any act good or evil, once committed and conceived, never vanishes like a bubble in water, but lives, potentially or actively as the case may be, in the worlds of minds and deeds. This mysterious moral energy, so to speak, is embodied in and emanates from every act and thought, for it does not matter whether it is actually performed, or merely conceived in the mind. When the time comes, it is sure to germinate and grow with all its vitality.

(D.T. Suzuki 1907)

Think now of a pond. A stone falls into the water and creates disturbing waves. These waves oscillate backwards and forwards till at last, owing to the operation of what physicists call the law of the dissipation of energy, they are brought to rest, and the water returns to its condition of calm tranquillity.

Similarly *all* action, on every plane, produces disturbance in the balanced harmony of the Universe, and the vibrations so produced will continue to roll backwards and forwards ... till equilibrium is restored. But since each such disturbance starts from some particular point, it is clear that equilibrium and harmony can only be restored by the reconverging to that same point of all the forces which were set in motion from it. And here you have proof that the consequences of a man's deeds, thoughts, etc. must all react upon *himself* with the same force with which they were set in motion.

H.P. Blavatsky

A knowledge of karma removes human experience from the region of arbitrary happenings to the realm of law

Dhammapadda Twin Verses

All that we are is the result of what we have thought, it is founded on our thoughts, it is made up of our thoughts.

If a man speaks or acts with an evil thought, pain follows him, as the wheel follows the foot of the ox that draws the wagon.



Dhammapadda Twin Verses

All that we are is the result of what we have thought, it is founded on our thoughts, it is made up of our thoughts. If a man speaks or acts with a pure thought, happiness follows him, like a shadow that never leaves him.



Dhammapadda Twin Verses

"He abused me, he beat me, he defeated me, he robbed me" —

in those who harbour such thoughts hatred will never cease. "He abused me, he beat me, he defeated me, he robbed me" –

in those who do not harbour such thoughts hatred will cease.





There is no such thing as chance or accident: every event is linked to a preceding cause; to a following effect.

From the writings of Annie Besant



The chains that bind are of our own forging

Natural laws only lay down conditions under which all actions take place, they do not determine what actions we take.

From the writings of Annie Besant



It is because destiny lies in a realm of law that we have in our hands the means to build our future characters and circumstances

From the writings of Annie Besant

Bon Voyage

